



# Universidad de Navarra

For a World Sports Day  
ADHESION

1. The world of sports is a human activity based in some educated social values and cultural essential, it is a unique element of all cultures and an extraordinary means for the social integration and to encourage an equal relationship between people.
2. It is a way of teaching human values; individual and social, a source of health, an instrument to the service of social cohesion and the forging of identity of towns.
3. It is a means to encourage education, health, the development of peace with the power to contribute to human development and health of children.
4. It is a human right that every person should be able to have the possibility of practicing sports without discrimination of any kind and respecting the aspirations and capabilities of each.
5. Sports should always be put at the service of the harmonious development of man in order to help establish a peaceful society committed to the preservation of human dignity.
6. Their practice should be made without discrimination of any kind, and within the Olympic spirit, which requires mutual understanding, the spirit of friendship, and solidarity and fair play.
7. It is an instrument to promote gender equality.
8. It is an important factor for the development of towns.
9. Its practice should ensure environmental sustainability compatible with respect for nature with the development of different sports activities.
10. It is an effective way to collaborate in achieving the Objectives of the Millennium proposed by the United Nations.

Therefore, in order that these principles can be spread, shared and developed, I ask that the required sports institutions take the necessary means to establish THE WORLD SPORTS DAY.