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ARTÍCULO / ARTICLE	Impact Factor (2008)
<p><u>1.</u> Núñez-Córdoba JM, Valencia-Serrano F, Toledo E, Alonso A, Martínez-González MA. Mediterranean Diet and Incidence of Hypertension: the SUN cohort <i>American Journal of Epidemiology</i> 2009;169:339-46. PMID: 19037007</p>	5,454
<p><u>2.</u> Sánchez-Villegas A, Toledo E, Bes-Rastrollo M, Martín-Moreno JM, Tortosa A, Martínez-González MA. Association between dietary and beverage consumption patterns in the SUN (Seguimiento Universidad de Navarra) cohort study. <i>Public Health Nutrition</i> 2009;12:351-8. PMID: 18489031</p>	2,123
<p><u>3.</u> Nuñez-Cordoba JM, Alonso A, Beunza JJ, Palma S, Gomez-Gracia E, Martinez-Gonzalez MA. Role of vegetables and fruits in Mediterranean diets to prevent hypertension. <i>European Journal of Clinical Nutrition</i> 2009; 63:605-12. PMID: 18301434</p>	2,686

<p><u>4.</u> Guxens M, Fitó M, Martínez-González MA, Salas-Salvadó J, Estruch R, Vinyoles E, Fiol M, Corella D, Arós F, Gómez-Gracia E, Ruiz-Gutiérrez V, Lapetra J, Ros E, Vila J, Covas MI.</p> <p>Hypertensive Status and Lipoprotein Oxidation in an Elderly Population at High Cardiovascular Risk.</p> <p><i>American Journal of Hypertension</i> 2009;22:68-73. PMID: 19008862</p>	3,122
<p><u>5.</u> Cuervo M, García A, Ansorena D, Sánchez-Villegas A, Martínez-González MA, Astiasarán I, Martínez JA.</p> <p>Nutritional assessment interpretation on 22,007 Spanish community-dwelling elders through the Mini Nutritional Assessment test.</p> <p><i>Public Health Nutrition</i> 2009;12:82-90. PMID: 18413012</p>	2,123
<p><u>6.</u> Toledo E, Delgado-Rodríguez M, Estruch R, Salas-Salvadó J, Corella D, Gomez-Gracia E, Fiol M, Lamuela-Raventós RM, Schröder H, Arós F, Ros E, Ruíz-Gutiérrez V, Lapetra V, Conde-Herrera M, Sáez G, Vinyoles E, Martínez-González MA.</p> <p>Low-fat dairy products and blood pressure: follow-up of 2290 older persons at high cardiovascular risk participating in the PREDIMED study.</p> <p><i>British Journal of Nutrition</i> 2009;101:59–67. PMID: 18492300</p>	2,764
<p><u>7.</u> Babio N, Bulló M, Basora J, Martínez-González MA, Fernández-Ballart J, Márquez-Sandoval F, Molina C, Salas-Salvadó J; on behalf of the Nureta-PREDIMED investigators.</p> <p>Adherence to the Mediterranean diet and risk of metabolic syndrome and its components</p> <p><i>Nutrition, Metabolism & Cardiovascular Disease</i> 2009;19:563-70. PMID: 19176282</p>	3,565
<p><u>8.</u> Sánchez-Villegas A, Doreste J, Schlatter J, Pla J, Bes-Rastrollo M, Martínez-González MA.</p> <p>Association between folate, vitamin B and vitamin B intake and depression in the SUN cohort study.</p> <p><i>Journal of Human Nutrition and Dietetics</i> 2009;22:122-33. PMID: 19175490</p>	1,479

<p><u>9.</u> Pimenta AM, Beunza JJ, Bes-Rastrollo M, Alonso A, Lopez CN, Velasquez-Meléndez G, Martínez-Gonzalez MA.</p> <p>Work hours and incidence of hypertension among Spanish University graduates: the SUN prospective cohort</p> <p><i>Journal of Hypertension</i> 2009;27:34-40. PMID: 19050449</p>	5,132
<p><u>10.</u> Pimenta AM, Sánchez-Villegas A, Bes-Rastrollo M, Lopez CN, Martínez-González MA.</p> <p>Relationship between body image disturbance and incidence of depression: the SUN prospective cohort</p> <p><i>BMC Public Health</i> 2009;9:1. PMID: 19121216</p>	2,029
<p><u>11.</u> Medina-Remón A, Barrionuevo-Gonzalez A, Zamora-Ros R, Andres-Lacueva C, Estruch R, Martínez-González MA, Diez-Espino J, Lamuela-Raventos RM.</p> <p>Rapid Folin-Ciocalteu method using microtiter 96-well plate cartridges for solid phase extraction to assess urinary total phenolic compounds, as a biomarker of total polyphenols intake</p> <p><i>Analytica Chimica Acta</i> 2009;634:54-60. PMID: 19154810.</p>	3,146
<p><u>12.</u> Basterra-Gortari FJ, Bes-Rastrollo M, Pardo-Fernández M, Forga LI, Martínez JA, Martínez-Gonzalez MA</p> <p>Changes in weight and physical activity over two years in Spanish alumni</p> <p><i>Medicine and Science in Sports and Exercise</i> 2009;41:516-22. PMID: 19204600</p>	3,399
<p><u>13.</u> Zamora-Ros R, Urpi-Sarda M, Lamuela-Raventos RM, Estruch R, Martínez-González MA, Bullo M, Arós F, Cherubini A, Andres-Lacueva C.</p> <p>Resveratrol metabolites in urine as a biomarker of wine intake in free-living subjects: the PREDIMED Study</p> <p><i>Free Radical Biology & Medicine</i> 2009;46:1562-6. PMID: 19167481</p>	5,399

<p><u>14.</u> Estruch R, Martínez-González MA, Corella D, Basora-Gallissá J, Ruiz-Gutiérrez V, Covas MI, Fiol M, Gómez-Gracia E, López-Sabater MC, Escoda R, Pena MA, Diez-Espino J, Lapetra J, Sáez G, Ros E, on behalf of the PREDIMED Study Investigators.</p> <p>Effects of dietary fibre intake on risk factors for cardiovascular disease in subjects at high risk.</p> <p><i>Journal of Epidemiology & Community Health</i> 2009 ;63:582-8. PMID: 19289389</p>	3,186
<p><u>15.</u> Razquin C, Martinez JA, Martinez-Gonzalez MA, Corella D, Santos JM, Marti A.</p> <p>The Mediterranean diet protects against waist circumference enlargement in 12A1a carriers for the PPAR gene: 2-years follow up of 774 subjects at high cardiovascular risk.</p> <p><i>British Journal of Nutrition</i> 2009;102:672-9. PMID: 19267951</p>	2,764
<p><u>16.</u> Lopez CN, Martinez-Gonzalez MA, Alonso A, Sanchez-Villegas A, de la Fuente C, Bes-Rastrollo M.</p> <p>Cost of compliance with daily recommended values of micronutrients among a cohort of Spanish university graduates: the SUN (Seguimiento Universidad de Navarra) Study.</p> <p><i>Public Health Nutrition</i> 2009;12:2092-6. PMID: 19323866</p>	2,123
<p><u>17.</u> Toledo E, Beunza JJ, Nuñez-Córdoba JM, Bes-Rastrollo M, Basterra-Gortari FJ, Martinez-Gonzalez MA.</p> <p>Metabolic risk factors in a cohort of young adults and their association with a body-mass index between 22 and 25 kg/m².</p> <p><i>Medicina Clínica (Barcelona)</i> 2009;132:654-60. PMID: 19395040</p>	1,258
<p><u>18.</u> Bes-Rastrollo M, Wedick NM, Martinez-Gonzalez MA, Li TY, Sampson L, Hu FB.</p> <p>Prospective study of nut consumption, long-term weight change, and obesity risk in women.</p> <p><i>American Journal of Clinical Nutrition</i> 2009;89:1913-9. PMID: 19403639</p>	6,740

<p><u>19.</u> Corella D, González JI, Bulló M, Carrasco P, Portolés O, Díez-Espino J, Covas MI, Ruíz-Gutierrez V, Gómez-Gracia E, Arós F, Fiol M, Herrera MC, Santos JM, Sáez G, Lamuela R, Lahoz C, Vinyoles E, Ros E, Estruch R for the PREDIMED group.</p> <p>Polymorphisms cyclooxygenase-2 -765G>C and interleukin-6 -174G>C are associated with serum inflammation markers in a high cardiovascular risk population and do not modify the response to a Mediterranean diet supplemented with virgin olive oil or nuts.</p> <p><i>Journal of Nutrition</i> 2009;139:128-34. PMID: 19056642</p>	3,647
<p><u>20.</u> Mena MP, Sacanella E, Vazquez-Agell M, Morales M, Fitó M, Escoda R, Serrano-Martínez M, Salas-Salvadó J, Benages N, Casas R, Lamuela-Raventós RM, Masanes F, Ros E, Estruch R for the PREDIMED group.</p> <p>Inhibition of circulating immune cell activation: a molecular antiinflammatory effect of the Mediterranean diet.</p> <p><i>American Journal of Clinical Nutrition</i> 2009;89:248-56. PMID: 19056596</p>	6,740
<p><u>21.</u> Nuñez-Córdoba JM, Martínez-Gonzalez MA, Bes-Rastrollo M, Toledo E, Beunza JJ, Alonso A.</p> <p>Alcohol Consumption and Incidence of Hypertension in a Mediterranean Cohort: the SUN Study.</p> <p><i>Revista Española de Cardiología</i> 2009;62:633-641. PMID: 19480759</p>	2,880
<p><u>22.</u> Alonso A, Zozaya C, Vázquez Z, Martínez JA, Martínez-González MA.</p> <p>The effect of low-fat versus whole-fat dairy product intake on blood pressure and weight in young normotensive adults.</p> <p><i>Journal of Human Nutrition and Dietetics</i> 2009 ;22:336-42. PMID: 19486260</p>	1,479
<p><u>23.</u> Escrúriol-Martínez V, Cofán M, Serra M, Bulló M, Basora J, Salas-Salvadó J, Corella D, Zazpe I, Martínez-González MA, Ros E.</p> <p>Serum sterol responses to increasing plant sterol intake from natural foods in the Mediterranean diet.</p> <p><i>European Journal of Nutrition</i> 2009 ;48:373-82. PMID: 19412676</p>	1,899

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<p><u>26.</u> Serra-Majem L, Bes-Rastrollo M, Román-Viñas B, Pfrimer K, Gilabert R, Sánchez-Villegas A, Martínez-González MA.</p> <p>Dietary patterns and nutritional adequacy in a Mediterranean country.</p> <p><i>British Journal of Nutrition</i> 2009;101 (Suppl. 2):S21-S28. PMID: 19594961</p>	2,764
<p><u>27.</u> Román-Viñas B, Ribas-Barba L, Ngo J, Martínez-González MA, Wijnhoven TMA, Serra-Majem L.</p> <p>Validity of dietary patterns to assess nutrient intake adequacy</p> <p><i>British Journal of Nutrition</i> 2009;101 (Suppl. 2):S12–S20. PMID: 19594960</p>	2,764
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<p><u>30.</u> Lopez CN, Martinez-Gonzalez MA, Sanchez-Villegas A, Alonso A, Pimenta AM, Bes-Rastrollo M.</p> <p>Costs of Mediterranean and Western dietary pattern in a Spanish cohort and their relationship with prospective weight change</p> <p><i>Journal of Epidemiology and Community Health</i>, 2009 ;63:920-7. PMID: 19762456.</p>	3,186
<p><u>31.</u> Toledo E, Carmona-Torre FA, Alonso A, Puchau B, Zulet M, Martinez JA, Martínez-González MA.</p> <p>Hypothesis-oriented food patterns and incidence of hypertension: 6-year follow-up of the SUN prospective cohort</p> <p><i>Public Health Nutrition</i> 2009 ;13:338-49. PMID: 19656442</p>	2,123
<p><u>32.</u> Razquin C, Martínez JA, Martinez-Gonzalez MA, Mitjavila MT, Estruch R, Martí A.</p> <p>A 3 years follow-up of a Mediterranean diet rich in virgin olive oil is associated with high plasma antioxidant capacity and reduced body weight gain.</p> <p><i>European Journal of Clinical Nutrition</i> 2009 ;63:1387-93. PMID: 19707219</p>	2,686
<p><u>33.</u> Schröder H, de la Torre R, Estruch R, Corella D, Martínez-González MA, Salas-Salvadó J, Ros E, Arós F, Flores G, Civit E, Farré M, Fiol M, Vila J, Fernandez-Crehuet J, Ruiz-Gutiérrez V, Lapetra J, Sáez G, Covas MI for the PREDIMED Study Investigators.</p> <p>Alcohol consumption is associated with high concentrations of urinary hydroxytyrosol</p> <p><i>American Journal of Clinical Nutrition</i> 2009 ;90:1329-35. PMID: 19759165</p>	6,740
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<p><u>36.</u> Bes-Rastrollo M, Sanchez-Villegas A, Basterra-Gortari FJ, Nunez-Cordoba JM, Toledo E, Serrano-Martinez M.</p> <p>Prospective study of self-reported usual snacking and weight gain in a Mediterranean cohort: The SUN project.</p> <p><i>Clinical Nutrition</i> 2009 Sep 12. [Epub ahead of print] PMID: 19748710</p>	3,203
<p><u>37.</u> Bulló M, Amigó-Correig P, Márquez-Sandoval F, Babio N, Martínez-González MA, Estruch R, Basora J, Solà R, Salas-Salvadó J.</p> <p>Mediterranean diet and high dietary acid load associated with mixed nuts: Effect on bone metabolism in elderly subjects.</p> <p><i>Journal of the American Geriatrics Society</i> 2009 ;57:1789-98. PMID: 19807791</p>	3,805
<p><u>38.</u> Sanchez-Villegas A, Delgado-Rodriguez M, Alonso A, Schlatter J, Lahortiga F, Serra-Majem L, Martinez-Gonzalez MA.</p> <p>Association of the Mediterranean dietary pattern with the incidence of depression: the Seguimiento Universidad de Navarra/University of Navarra follow-up (SUN) cohort.</p> <p><i>Archives of General Psychiatry</i> 2009 ;66:1090-8. PMID: 19805699</p>	14,273
<p><u>39.</u> Martínez-González MA, García-López MD, Bes-Rastrollo M, Toledo E, Martínez-Lapiscina E, Delgado-Rodriguez M, Vazquez Z, Benito S, Beunza JJ.</p> <p>Mediterranean diet and the incidence of cardiovascular disease: A Spanish cohort</p> <p><i>Nutrition, Metabolism and Cardiovascular Disease</i> 2010 Jan 20. [Epub ahead of print] PMID: 20096543</p>	3,565

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<p>42. Basterra-Gortari FJ, Forga L, Bes-Rastrollo M, Toledo E, Martínez JA, Martínez-González MA.</p> <p>Effect of smoking on body weight: longitudinal analysis of the SUN cohort.</p> <p><i>Revista Española de Cardiología</i> 2010 ;63:20-7. PMID: 20089222</p>	2,880
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<p>44. Martínez-Lapiscina EH, Martínez-González MA, Guillén Grima F, Olmo Jiménez N, Zarranz-Ventura J, Moreno-Montañés J.</p> <p>Dietary fat intake and incidence of cataracts: The SUN Prospective study in the cohort of Navarra, Spain.</p> <p><i>Medicina Clínica (Barcelona)</i> 2010 ;134:194-201. PMID: 20056254</p>	1,258

<p>45. Razquin C, Martinez JA, Martinez-Gonzalez MA, Bes-Rastrollo B, Fernández-Crehuet J, Marti A.</p> <p>A 3-year intervention with a Mediterranean diet modified the association between the rs9939609 gene variant in FTO and body weight changes.</p> <p><i>International Journal of Obesity</i> 2010 ;34:266-72. PMID: 19918250</p>	3,640
<p>46. Sanchez-Villegas A, Pimenta AM, Beunza JJ, Guillen-Grima F, Toledo E, Martinez-Gonzalez MA</p> <p>Childhood and young adult overweight/obesity and incidence of depression in the SUN Project.</p> <p><i>Obesity (Silver Spring)</i> 2009 Oct 29. [Epub ahead of print] PMID: 19875985</p>	2,762
<p>47. Lopez CN, Martinez-Gonzalez MA, Sanchez-Villegas A, Alonso A, Pimenta AM, Bes-Rastrollo M.</p> <p>Costs of Mediterranean and Western dietary pattern in a Spanish cohort and their relationship with prospective weight change.</p> <p><i>Journal of Epidemiology & Community Health</i> 2009 ;63:920-7. PMID: 19762456</p>	3,186
<p>48. Bes-Rastrollo M, Basterra-Gortari FJ, Sánchez-Villegas A, Marti A, Martínez JA, Martínez-González MA.</p> <p>A prospective study of eating away-from-home meals and weight gain in a Mediterranean population: the SUN (Seguimiento Universidad de Navarra) cohort.</p> <p><i>Public Health Nutrition</i> 2009 Dec 3:1-8. [Epub ahead of print] PMID: 19954575.</p>	2,123
<p>49. Pons-Villanueva J, Seguí-Gómez M, Martinez-Gonzalez MA.</p> <p>Risk of injury according to participation in specific physical activities: a 6-year follow-up of 14,356 participants of the SUN cohort.</p> <p><i>International Journal of Epidemiology</i> 2010 [Epub ahead of print] PMID: 19897466</p>	5,838

<p>50. Medina-Remón A, Zamora-Ros R, Rotchés-Ribalta M, Andres-Lacueva C, Martínez-González MA, Covas MI, Corella C, Salas-Salvadó J, Gómez-Gracia E, Ruiz-Gutiérrez V, Lapetra J, Fiol M, Arós F, Saéz G, Ros E, Serra-Majem L, Pinto X, Estruch R, Warnberg J, Lamuela-Raventosa RM, on behalf of the PREDIMED Study Investigators.</p> <p>Total polyphenol excretion and blood pressure in subjects at high cardiovascular risk.</p> <p><i>Nutrition, Metabolism & Cardiovascular Disease</i> 2009 Nov 6. [Epub ahead of print] PMID: 20167460</p>	<p>3,565</p>
<p>51. Fernández-Ballart JD, Piñol JL, Zazpe I, Corella D, Carrasco P, Toledo E, Perez-Bauer M, Martínez-González MA, Salas-Salvadó J, Martín-Moreno JM.</p> <p>Relative validity of a semi-quantitative food-frequency questionnaire in an elderly Mediterranean population of Spain.</p> <p><i>British Journal of Nutrition</i> 2010 Jan 27:1-9. [Epub ahead of print] PMID: 20102675</p>	<p>2,764</p>
<p>52. Cabello-Saavedra E, Bes-Rastrollo M, Martinez JA, Diez-Espino J, Buil-Cosiales P, Serrano-Martinez M, Martinez-Gonzalez MA.</p> <p>Macronutrient intake and metabolic syndrome in subjects at high cardiovascular risk..</p> <p><i>Annals of Nutrition And Metabolism.</i> 2010 ;56:152-9. PMID: 20145389</p>	<p>1,236</p>
<p>53. de la Fuente-Arrillaga C, Vázquez Ruiz Z, Bes-Rastrollo M, Sampson L, Martínez-González MA</p> <p>Reproducibility of an FFQ validated in Spain.</p> <p><i>Public Health Nutrition</i> 2010 ;28:1-9. PMID: 20105389</p>	<p>2,123</p>
<p>54. Patterson E, Wärnberg J, Kearney J, Sjöström M.</p> <p>Sources of saturated fat and sucrose in the diets of Swedish children and adolescents in the European Youth Heart Study: strategies for improving intakes.</p> <p><i>Public Health Nutrition</i> 2010 May 10:1-10. [Epub ahead of print]. PMID: 20450530</p>	<p>2,123</p>

<p>55. Patterson E, Wärnberg J, Poortvliet E, Kearney JM, Sjöström M.</p> <p>Dietary energy density as a marker of dietary quality in Swedish children and adolescents: the European Youth Heart Study.</p> <p><i>European Journal of Clinical Nutrition</i> 2010 ;64:356-63. PMID: 20068584</p>	<p>2,686</p>
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<p>56. Razquin C, Martínez JA, Martínez-González MA, Fernández-Crehuet J, Santos JM, Martí A. A</p> <p>Mediterranean diet rich in virgin olive oil may reverse the effects of the -174G/C IL6 gene variant on 3-year body weight change.</p> <p><i>Molecular Nutrition & Food Research</i> 2010 [In Press]</p>	<p>3,308</p>